

## Cat Diet

### Raw



We highly suggest you choose a raw diet for your cat, and there are now many options available on the market for easy to feed diets! A raw diet fed properly is the best choice for your cat's health and can improve their gi function, tooth health, and coat health. A varied diet is very important when feeding raw to be sure your cat gets all of the proper nutrients they need so be sure to do your research before beginning a raw diet. As obligate carnivores, cats require animal products to survive, and don't need vegetables or carbohydrates in their diet at all. They do far better on raw high protein/high moisture diets providing them the proper nutrients, such as taurine and fatty acids. When feeding raw diet, you must pay very close attention to sanitation. You must feed your cat in a dish that is easy to clean and it must be cleaned after each meal. A raw diet is also best fed at regular meal times rather than left out for free feeding. Be sure to also sanitize the area where you feed your cat regularly in case they drop food particles on the floor. If you are handling the food yourself, you can wash your hands or wear gloves to be sure you are keeping things as clean as possible! Bones are an important part of a raw diet, however we do not suggest feeding whole bones to your cat. Instead, we suggest picking a food that includes ground up bones so the hard work is already done for you and your cat will get all of the nutrients they need.

### Dry



If you are not planning to feed your cat raw food, then you should select a high-quality dry food for your cat. Dry food is an important part of their diet because it is often healthier than wet foods and as they eat they are able to clean their teeth with the harder kibble. You want to make sure the diet you choose for your cat is mainly if not exclusively meat based. Cats are obligate carnivores, meaning they must eat meat, so a vegetarian or vegan diet can be very damaging for your cat. Cats also do not need vegetables or carbohydrates in their diet, and carbohydrates in large amounts can actually be damaging for your cat. Do your research before selecting a diet for your cat!

### Wet

Many cats prefer wet food, so we suggest if you are feeding a commercial diet rather than a raw diet to consider adding in a high quality, high-protein wet food that is based exclusively on meat. Again, cats do not need and get little benefit from having vegetables or carbohydrates in their diets. We do not suggest feeding exclusively wet food unless that is what your cat needs for their specific medical needs, as it does very little to clean your cat's teeth as they eat and can lead to dental disease down the line. There are many unhealthy wet cat food options on the market that can be appealing because they are less expensive. However, be careful, because these can often lead to diabetes or other health concerns, so the amount you save by buying a cheap food can lead to very expensive medical issues down the line.



### Foods to Avoid

Below are just a few of the foods you must avoid feeding your cat, do research to find a full list!



Raisins



Grapes



Chocolate



Onions



Caffeine



Bread Dough



Avocados



Nuts



Fruit Seeds



Corn cob



Tomatoes



Mushrooms



Milk/Dairy



Cooked Bones